



Ain't Goin' Nowhere

Choreographed by Lori Wong

Description: 32 count, 4 wall, beginner line dance

Music: **Any Way The Wind Blows** by Brother Phelps [181 bpm / Any Way The Wind Blows]

Start dancing on lyrics

RIGHT HEEL, TOGETHER, LEFT HEEL, TOGETHER, RIGHT HEEL, TOGETHER, LEFT HEEL, TOGETHER

- 1-4 Right heel touch front, step right together, left heel touch front, step left together
- 5-8 Right heel touch front, step right together, left heel touch front, step left together

RIGHT HEEL, TOGETHER, LEFT CROSS, HOLD, TURN, HOLD, RIGHT HEEL, HOLD

- 1-4 Right heel touch front, step right together, left cross step over right, hold
- 5-8 Pivot on balls of feet $\frac{1}{2}$ turn to right (unwinding crossed legs); shift weight to left foot; right heel touch front; hold

RIGHT GRAPEVINE WITH LEFT BRUSH, LEFT GRAPEVINE WITH $\frac{1}{4}$ TURN LEFT

- 1-4 Step right to side, cross left behind right, step right to side, left brush forward next to right
- 5-8 Step left to side, cross right behind left, left step $\frac{1}{4}$ turn to left; right touch next to left

RIGHT ROCK FORWARD, RIGHT ROCK BACK, RIGHT ROCK FORWARD, RIGHT ROCK BACK

(Choreographer's note: Optional variation - do a slow 8 count rock forward and back. You can also play with these steps and make them "electric kicks" by kicking the left forward as you rock back on the right.)

- 1-4 Right rock step forward, left rock back in place, right rock step back, left rock forward in place
- 5-8 Right rock step forward, left rock back in place, right rock step back, left rock forward in place

REPEAT

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